

**Please ask for:** Joanna Hunt

**Your Ref:**

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**Mr Ref:**

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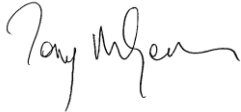
21 January, 2019

Dear Councillor,

**WELLBEING SCRUTINY COMMITTEE  
4:00 PM., TUESDAY 29 JANUARY, 2019  
ESPERANCE ROOM, CIVIC CENTRE, CANNOCK**

You are invited to attend this meeting for consideration of the matters itemised in the following Agenda.

Yours sincerely,



**T. McGovern,  
Managing Director**

To: Councillors:

Cooper, Miss. J. (Chairman)  
Smith, C.D. (Vice-Chairman)

Buttery, M.S.	Johnson, T.B.
Cartwright, Mrs. S.M.	Lyons, Miss. O.
Crabtree, S.K.	Stretton, Mrs. P.Z.
Davis, Mrs. M.A.	Sutton, Mrs. H.M.
Freeman, Miss. M.A.	Tait, Ms. L.
Grice, Mrs. D.	

Also invited:

Staffordshire County Council Co-opted Member: Councillor P. Hewitt  
Independent Co-opted Member: Jackie Owen, Healthwatch Staffordshire

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# AGENDA

## PART 1

### 1. Apologies

### 2. Declarations of Interests of Members in Contracts and Other Matters and Restriction on Voting by Members

(i) To declare any personal, pecuniary or disclosable pecuniary interests in accordance with the Code of Conduct and any possible contraventions under Section 106 of the Local Government Finance Act 1992.

(ii) To receive any Party Whip declarations.

### 3. Minutes

To approve the Minutes of the meeting held on 19 November, 2019 (Enclosed).

### 4. Public Health and Inspiring Healthy Lifestyles

- To receive information from Chris Derbyshire and Lisa Shephard of Inspiring Healthy Lifestyles
- To receive information from Angela Schulp and Jonathan Topham, Public Health (Staffs County Council)

Please see scoping document which was previously agreed at the meeting held on 19 November, 2018 (attached).

**CANNOCK CHASE COUNCIL**  
**MINUTES OF THE MEETING OF THE**  
**WELLBEING SCRUTINY COMMITTEE**  
**MONDAY 19 NOVEMBER, 2018 AT 4.00 P.M.**  
**IN THE CIVIC CENTRE, BEECROFT ROAD, CANNOCK**  
**PART 1**

PRESENT: Councillors:

Cooper, Miss. J.(Chairman)  
Smith, C.D. (Vice-Chairman)

Buttery, M.S.	Grice, Mrs. D.
Cartwright, Mrs. S.M.	Johnson, T.B.
Crabtree, S.K.	Lyons, Miss. O.
Dudson, A. (Substitute)	Stretton, Mrs. P.Z.
Freeman, Miss. M.A.	Sutton, Mrs. H.M.

Invited:

Staffordshire County Council Co-opted Member: Councillor P. Hewitt  
Independent Co-opted Member: Jackie Owen, Healthwatch Staffordshire

**10. Apologies**

Apologies for absence were received from Councillors Mrs. M.A. Davis and Ms. L. Tait.

Councillor A. Dudson was substitute for Councillor Mrs. M.A. Davis.

**11. Declarations of Interests of Members in Contracts and Other Matters and Restrictions on Voting by Members and Party Whip Declarations**

No declarations of interests in additions to those already confirmed by Members in the Register of Members Interests were made.

**12. Minutes**

RESOLVED:

That the Minutes of the Wellbeing Scrutiny Committee meeting held on 3 July, 2018 be approved as a correct record.

**13. Update – Healthwatch**

Members welcomed Jackie Owen to the meeting to provide an update of the recent work undertaken by Healthwatch.

She reported that she had recently met with Officers at Staffordshire County Council with regard to the Healthwatch contract and their expectations for the next 12 months. She highlighted the areas of discussion which included:

- Sustainability and Transformation Partnership (STP) support – communication/engagement
- To develop a positive relationship with the Healthy Staffordshire Select Committee and possibly gain a seat on the Committee
- Support the Council with promoting the agenda for prevention and support
- Promotion with online services
- To develop a relationship with Total Voice, Staffordshire who offer advocacy support to people across Staffordshire
- To develop relationships with the voluntary and community sectors
- To have a closer working relationship with the Council's complaints department

### STP

Jackie Owen reported that a meeting had been arranged for 20 November, 2018 with interested parties to develop a business case and discuss consultation events. The events would be open to the public and were likely to take place in the summer and autumn of 2019.

### Cannock Chase District

It was reported that two Enter and View inspections had been carried out recently. The first inspection had taken place at Abbey Court Nursing Home and the second at The Heathers Nursing Home. There were only a few recommendations made at both Nursing homes. Reports were available to view on the Healthwatch website.

In response to a question raised by a Member, Jackie Owen reported that when arranging a visit, Healthwatch would communicate with the Nursing Home and advise them that an inspection would be carried out in the next 3 months. In the past if Healthwatch representatives turned up without prior notice, the Nursing Home was reluctant to let them carry out an inspection due to not knowing who they were.

### Cannock Chase Hospital

Jackie Owen reported that the Care Quality Commission (CQC) had recently carried out an inspection at Cannock Chase Hospital. Although overall the report was positive, a patient had made a complaint through Healthwatch with the way he had been dealt with by staff at the hospital, and this was ongoing.

### Young People

She reported that Ian Wright from Healthwatch had recently visited several groups in the area where young people had created their own 'hub' with funding that they

had received.

### Learning Disability Day Services - Unregulated

It was reported that there were a number of learning disability services which were unregulated. The cost of those services that were accessed could vary between £24 - £240 per day. Individuals were receiving payments for these services and overall around £10million was being invested.

Healthwatch were currently considering inspecting 24 services which included around 3 or 4 in Cannock. As part of the inspection, it was reported that speaking with users to see what sort of experiences they had with these services was essential.

In response to a question raised by a Member, Jackie Owen reported that there were no particular requirements in place to stop this and anyone could set it up as a business. She also indicated that the business would not be regulated by the CQC and therefore some sort of inspection on these day services was required.

The County Councillor was keen that a future Committee considered the document on Unregulated Learning Disability Day Services following the Healthwatch inspection and publication of their report.

### Emotional Health Services

Jackie Owen reported that Healthwatch was undertaking a project following cuts in lower level health and wellbeing services provided to young people in schools. A survey would be distributed to schools across Staffordshire seeking information about any cuts that had been made, and also the impact that the cuts had for young people currently using them.

### Hospital Discharges

It was reported that problems still existed for patients being discharged from hospital. Some patients were provided with re-ablement packages and others would be moved elsewhere.

### Maternity Champions

It was reported that Healthwatch had recruited 13 maternity champions. It was intended to recruit 23, however due to the nature and extent of the work some applicants had declined.

## **14. Update – Staffordshire County Council’s Healthy Staffordshire Select Committee**

The Chairman reported that the following digests had previously been circulated to all Members of the Committee.

The following Digests from the Healthy Staffordshire Select Committee (HSSC) and Joint Health Scrutiny Accountability Sessions (JHSA) were received for

information:

- HSSC - 16 July, 2018
- JHSA - 23 July, 2018
- HSSC - 13 August, 2018
- HSSC - 17 September, 2018
- HSSC - 29 October, 2018

#### **15. Quarter 2 2018/19 Improving Community Wellbeing (Health, Culture and Sport) Priority Delivery Plan Update**

Consideration was given to the Quarter 2 2018/19 Improving Community Wellbeing (Health, Culture and Sport) Priority Delivery Plan Update (Item 6.1 – 6.4 of the Official Minutes of the Council).

The Head of Environment and Healthy Lifestyles presented the report and indicated that all of the projects were either on target, required some attention or were complete.

Members of the Committee noted the contents of the Update.

#### **16. Wellbeing Scrutiny Review – Obesity in the District**

Consideration was given to the Wellbeing Scrutiny Review – Obesity in the District (Item 7.1 of the Official Minutes of the Council).

Helen Maiden, Research and Information Officer gave a presentation to Members on Obesity in Cannock Chase.

She reported that in 2007 the Foresight Report ‘Tackling Obesities’ estimated that half of the UK population could be obese by 2050. Campaigns had been undertaken through the NHS and with celebrities to try and encourage healthier eating and increased physical activity.

She discussed the Body Mass Index (BMI) for adults where a BMI of 30 or over was classed as obese and a BMI of 40 was classed as severely obese. Obesity in both adults and children was linked to serious conditions such as diabetes, coronary heart disease and cancer as well as psychological conditions.

The Research and Information Officer reported that the NHS had drawn attention to links between child obesity and deprivation. She referred to evidence heard at a CCDC Task & Finish Group in June 2018 from the Centre for Diet and Activity Research regarding the higher prevalence of takeaways in the most deprived areas of England.

Data was then shown for Adult Obesity, Adult Excess Weight, Physical Activity, the intake of ‘5-a-day’ portions of fruit and vegetables and Child Excess Weight split between Wards.

She also provided slides that contained information on the rate of diabetes among

adults over 17 in Cannock Chase and the prevalence of hypertension/blood pressure in Cannock Chase.

The Research and Information Officer referred to the Centre for Diet and Activity Research and the need for further evaluation of the impact of planning restrictions to reduce the number of fast food outlets on achieving improvements to health.

She provided a chart which showed the density of fast food outlets across the Staffordshire Districts as at December 2017. Cannock Chase had the third highest count of 'fast food' outlets in Staffordshire and the highest density of outlets.

The Research and Information Officer finally showed a slide which provided information on Obesity and Deprivation. She reported that obesity was often associated with deprivation. The IMD 2015 identified Cannock Chase as the most deprived district in Staffordshire. She reported that around 14% of residents (approx. 13,600 people) in Cannock Chase resided in the most deprived national quintile or 20% of LSOAs. This wasn't the highest in Staffordshire but it was above the county average.

Members were then invited to ask questions.

Members referred to the presentation and discussed a number of areas around the activity of individuals, Chase-Up and the Lottery Funding, school activities and coffee shops within close proximity of each other selling sugary products.

It was highlighted that better communication was required to target people about diet and exercise. It was noted that cars had impacted on the daily lives of people which saw less people walking, and fewer people including children pursuing outdoor activities.

Members discussed the problems associated with convenience foods and takeaways and the impact upon the health of those families that relied on this. Education was vital from an early age and even initiatives such as food preparation classes and nutrition could help people cook healthy meals for their families.

Jackie Owen, Healthwatch commented on an initiative in Biddulph which was held through funding from Sporting Communities. The initiative was delivered over the summer which taught parents how prepare and cook healthy meals.

#### Wellbeing Scrutiny Committee Review

The Head of Environment and Healthy Lifestyles referred to the Scope of the Review and indicated that:

1. What is the scale of obesity in Cannock Chase?

- Members had received a presentation from the Research and Information Officer

2. What actions are partners taking in Cannock Chase to address this issue and how are they monitored and how effective are they?
  - It was agreed that a further meeting be held in January, 2019 to receive information from both Inspiring Healthy Lifestyles and Public Health and what actions are being taken
3. Are there any issues that the District Council need to consider to support existing and future action on obesity in the District?
  - Members discussed areas around education in schools and the need for the Committee to be informed of any current activities/education taking place, best practice to be identified in takeaway establishments including the nutritional content of food and concerns with the number of coffee shops within close proximity to each other

At this point the Head of Environment and Healthy Lifestyles referred to the last meeting where it was agreed that the Committee undertake a review on 'Vulnerable People and Accessibility'. He advised the Committee that due to the nature of the current topic and the limited timescale, it may be better for the Committee to concentrate solely on the current topic.

RESOLVED:

- (A) That an additional meeting be held in January, 2019 to receive information from Inspiring Healthy Lifestyles and Public Health Staffordshire on what actions are being taken to address the problem with obesity
- (B) That the review on 'Vulnerable People and Accessibility' be considered as a future review

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CHAIRMAN

The meeting closed at 5.22 pm





## WELLBEING SCRUTINY COMMITTEE REVIEW

<b>REVIEW TITLE</b>
Obesity in the District and actions taken to address it
<b>SCOPE OF THE REVIEW / TERMS OF REFERENCE</b>
<p>Members of the Wellbeing Scrutiny Committee wish to examine the following questions in the 2018/19 Municipal Year:</p> <ol style="list-style-type: none"> <li>1. What is the scale of obesity in Cannock Chase?</li> <li>2. What actions are partners taking in Cannock Chase to address this issue and how are they monitored and how effective are they?</li> <li>3. Are there any issues that the District Council need to consider to support existing and future action on obesity in the District?</li> </ol>
<b>REASON FOR SCRUTINY</b>
<p>Members of the Committee debated the issue at the meeting on 3 July 2018 and determined that this is an important issue for the District. The Committee requested that a scope be drafted for consideration at the November meeting. The Committee can ask questions, ask partner organisations for evidence and views and can make recommendations.</p>
<b>MEMBERSHIP OF THE REVIEW GROUP</b>
<p>The whole Committee will be involved but there may be a need to establish a smaller sub group of the Committee as necessary.</p>
<b>KEY TASKS / REVIEW PLAN</b>
<p>The initial key task is to understand the scale of the issue in Cannock Chase District and a presentation will be provided to the Committee on the levels of obesity in the District. At future meetings representatives from Public Health and other partners will be invited to present and to answer any questions on what actions or initiatives are being undertaken to address it. Once the scale of the issue is understood, the Committee will make further decisions about the Review Plan.</p>
<b>SOURCES OF EVIDENCE</b>
<ul style="list-style-type: none"> <li>- Key literature on obesity will be identified and circulated to all Committee Members to read as background.</li> <li>- District Needs Analysis 2018</li> <li>- National and local statistics</li> <li>- National and local Action Plans</li> </ul>
<b>TIMESCALE</b>
<p>The 2018/19 municipal year – review to be completed by May 2019. The review will form the Annual Report of the Wellbeing Scrutiny Committee to Council.</p>