

Please ask for: Joanna Hunt

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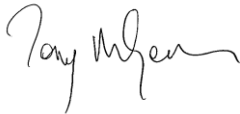
22 February, 2019

Dear Councillor,

**WELLBEING SCRUTINY COMMITTEE
4:00 PM., MONDAY 4 MARCH 2019
ESPERANCE ROOM, CIVIC CENTRE, CANNOCK**

You are invited to attend this meeting for consideration of the matters itemised in the following Agenda.

Yours sincerely,



**T. McGovern,
Managing Director**

To: Councillors:

Cooper, Miss. J. (Chairman)
Smith, C.D. (Vice-Chairman)

Buttery, M.S.	Johnson, T.B.
Cartwright, Mrs. S.M.	Lyons, Miss. O.
Crabtree, S.K.	Stretton, Mrs. P.Z.
Davis, Mrs. M.A.	Sutton, Mrs. H.M.
Freeman, Miss. M.A.	Tait, Ms. L.
Grice, Mrs. D.	

Independent Co-optee:



- Jackie Owen, Healthwatch Staffordshire

Staffordshire County Council Appointee for the purposes of the Committee's Statutory Functions under the Health and Social Care Act 2001:

- County Councillor P.M. Hewitt

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AGENDA

PART 1

1. Apologies

2. Declarations of Interests of Members in Contracts and Other Matters and Restriction on Voting by Members

(i) To declare any personal, pecuniary or disclosable pecuniary interests in accordance with the Code of Conduct and any possible contraventions under Section 106 of the Local Government Finance Act 1992.

(ii) To receive any Party Whip declarations.

3. Minutes

To approve the Minutes of the meeting held on 29 January 2019 (enclosed).

4. Update – Healthwatch Staffordshire

To receive an update on the current work undertaken by Healthwatch Staffordshire (Item 4.1 – 4.4).

5. Update – Staffordshire County Council’s Healthy Staffordshire Select Committee

To receive an update from the Chairman on the recent meeting of the Staffordshire County Council’s Healthy Staffordshire Select Committee, held on 4 February 2019 (Item 5.1 – 5.2).

Other meetings of the Select Committee that have recently been held and details available on the County Council’s website are:

- 14 November, 2018
- 29 November, 2018
- 3 December, 2018

Papers for all meetings of the Select Committee can be viewed via the following link:

<http://moderngov.staffordshire.gov.uk/ieListMeetings.aspx?Committeeld=871>

6. Quarter 3 2018/19 Improving Community Wellbeing (Health, Culture and Sport) Priority Delivery Plan Update

To receive the latest performance information for the period 1 October to 31 December 2018 (Item 6.1 – 6.5).

7. Obesity Review – Update and Next Steps

CANNOCK CHASE COUNCIL
MINUTES OF THE MEETING OF THE
WELLBEING SCRUTINY COMMITTEE
TUESDAY 29 JANUARY, 2019 AT 4.00 P.M.
IN THE CIVIC CENTRE, BEECROFT ROAD, CANNOCK
PART 1

PRESENT: Councillors:

Cooper, Miss. J.(Chairman)
Smith, C.D. (Vice-Chairman)

Crabtree, S.K.	Sutton, Mrs. H.M.
Freeman, Miss. M.A.	Tait, Ms. L.
Johnson, T.B.	Witton, P.T. (substitute)
Lyons, Miss. O.	

Also in attendance:

- Staffordshire County Council Appointee: Councillor P.M. Hewitt

Invitees:

- Angela Schulp, Strategic Delivery Manager, Staffordshire County Council
- Jonathan Topham, Public Health Staffordshire, Staffordshire County Council
- Chris Derbyshire and Lisa Shepard Independent Healthy Lifestyles (IHL)

17. Apologies

Apologies for absence were received from Councillors M.S. Buttery, Mrs. M.A. Davis and Mrs. D. Grice, and Jackie Owen, Healthwatch Staffordshire.

Councillor P.T. Witton was in attendance as substitute for Councillor Mrs. M.A. Davis.

18. Declarations of Interests of Members in Contracts and Other Matters and Restrictions on Voting by Members and Party Whip Declarations

No declarations of interests in additions to those already confirmed by Members in the Register of Members Interests were made.

19. Minutes

RESOLVED:

That the Minutes of the meeting held on 19 November, 2018 be approved as a correct record and signed.

20. Public Health Presentation

The Chairman welcomed Angela Schulp and Jonathan Topham, Public Health Staffordshire to the meeting.

Jonathan Topham reported on the Key health and wellbeing challenges across Staffordshire. He explained that rising demand was seen for acute and specialist services in hospital admissions, children and adults in social care and more children and families experiencing multiple inequalities and complex needs.

Some of the overarching health measures for Cannock Chase included:

- Life expectancy: 79 years for men and 82 years for women, around 10-11 months shorter than England average
- Healthy life expectancy: also shorter than average for both men (61 years) and women (62 years)
- Mortality: high rates of preventable mortality and under-75 death rates from cancer
- Inequalities: Eight years and six years gap in LE for men and women born in the most deprived areas compared to those in least deprived areas

It was reported that with regard to some children's public health outcomes in Cannock Chase there were 19,900 children and young people aged under 18 with 23% children living in poverty after housing costs, 13% of mothers smoking during pregnancy and 26% of Reception age and 37% of Year 6 children are obese or overweight

There was some focus on key public health challenges in Cannock Chase which included, an ageing population – 18,600 older people aged 65 or over, high rates of domestic abuse and violent crime and high proportions of people with long-term conditions

It was found that there were a number of Wards in Cannock Chase where families and communities faced multiple issues. Some of those wards included Cannock South, Cannock North, Hagley and Western Springs.

A slide was shown which provided information on excess weight for children in Year 6 for 2015-16 to 2017-18 and also the number of fast food outlets for 2018.

It was reported that the Public Health role included encouraging people to be well and live healthily and independently, with help from supportive communities and Districts, lifestyles and commissioned services and health protection/emergency planning.

The Public Health Programme included a number of areas under healthy behaviours, supportive communities and health protection.

Information was shown around adult obesity and the Health Communities Project. Help was available and as part of the project which included healthy eating, physical activity in collaboration with Wigan Leisure, GP referral and smoking cessation.

A slide was then shown to Members with regard to Public Health and Child Obesity. Some of the areas in which Public Health were involved included health visiting and school nursing, breastfeeding advice and support and working with partner organisations to develop community initiatives to meet local needs.

Angela Schulp then discussed the purpose of the Public Health 'Big Fat Chat' which aimed to raise awareness with the public in respect of tackling obesity.

Information was then shown with regard to supportive communities, the wider agenda of Public Health and information regarding children and young people.

It was reported that early help was available with support for families which also included health visiting and school nurse services, children's centre support and proactive home visits.

Members were shown a slide around the importance of the District role including early help and prevention, health in all policies and links with schools at a local level to support children and families.

Members were then invited to ask questions.

In response to a question raised by a Member concerning what Government initiatives were in place to tackle the obesity problem, Angela Schulp commented that the Government had put out a call before Christmas for expressions of interest in a national trailblazer programme to tackle childhood obesity. She advised that the County Public Health team and partners had responded to this and the outcome was awaited.

In response to a question raised by Mike Edmonds, Head of Environment and Healthy Lifestyles regarding how impacts were measured, Angela Schulp referred to children, early help and a framework. She advised that overall there were a number of areas/sources where information including trends were taken from, this was then disseminated to measure impact and used for the framework.

Jonathan Topham referred to a question regarding GP referrals within the Cannock Chase District and advised that he would ensure this information was made available, however it would differ from that of IHL as GPs would actually make the referrals directly to their service.

With regard to a Members question around the inclusion of health aspects in certain policies, Jonathan Topham advised that Public Health had previously engaged with the Council, however he indicated that the Wellbeing Scrutiny Committee would be ideally suited to look at policies, particularly areas around fast food takeaways and how this impacted upon health.

Angela Schulp commented that a guidance document 'Health in all Policies' including action plans and priorities was available to use, and an offer for Public Health to be available to update any policies.

A Member referred to the supporting communities programme and was keen to know what information or engagement was available for carers.

Jonathan Topham responded and advised that there was a young carers service available, however it had been found that there were many carers that were not accessing services and therefore they were not receiving any help to tackle issues.

Representatives of IHL referred to the national/local 'daily mile' which helped youngsters to be more active on a daily basis by walking to and from school. They were happy to work with Public Health to try and encourage more schools to do this.

21. Inspiring Healthy Lifestyles

The Chairman welcomed Chris Derbyshire and Lisa Shephard from IHL to the meeting.

It was reported that there were a number of areas that impacted upon obesity which included lifestyle, life events such as bereavement or divorce and emotional and mental health wellbeing.

A slide was shown which provided information on what IHL were doing to help early years, this involved 'Grow Up Great' which had 6,051 engagements with the site and included online resources, information and education. Help Yourself included play and stay, family days and parent and toddler activities.

In terms of the primary and junior ages targeted activities included 'Grow Up Great' which was being extended to under 11s, Chase It Scheme and arts programming, whilst figures for Help Yourself had attracted 12,769 people to the roller disco, dance had attracted 2,880 and drama workshops 1,327. It was also reported that £5k funding was available to extend the 'Grow Up Great' scheme to under 11s.

Slides which provided figures for targeted activities for junior and youths included emotional wellbeing pilot 98 attendances, football community sessions 1,059 attendances and one off targeted events. Figures for the Help Yourself activities included trampolining 553, gymnastics 1,600 and fitcrew gym 8,213.

Information was provided with regard to what was in place for adults. There had been a number of targeted activities which had included Back to Sport and included netball and badminton and new offers including bowls and cricket. The figures suggested that there were over 50 attendees each week being active.

It was also found that the parks had attracted 4,617 attendances from May 2017 to December 2018, Chase Active which included swimming, gym and sensory and attracted an average of 47 people to each session and Chase Fit which included walking and gardening and attracted 5,104 on IHL and Friends of Hednesford Park Sessions.

There were a number of specialist services for adults including activity referral. It was reported that 779 people had been referred from their GPs in one year with 631 attending their consultation, and of those, 249 people included those that were overweight and had associated health issues.

The presentation slide also showed that other services included the National Diabetes Prevention Programme, type 2 patients on the Diabetes Education Self-Management Ongoing and Newly Diagnosed and body MOTs in participating GP surgeries for exercise advice which would be launched in Heath Hayes in February, 2019.

It was reported that the future focus would aim to increase and widen offers, investment into Chase LC facilities, provide inclusive cycling at the stadium site and parks and provide £416k plus a National Lottery Fund £40k match for 'Chase Up' to include social green exercise and pathway infrastructure.

Members were then invited to ask questions.

Chris Derbyshire reported that there was a vast amount of data collected within the gym which came from users connecting to gym equipment, although there were now more people that used wearable devices to track data such as heart rate and calories burned. However, some analysis of the data was required to track activity levels and the frequency of usage.

Jonathan Topham indicated that data would be collected this year from users, and similar data from the Chase Leisure Centre would be collected from next year. There were approximately 8,000 users across the facilities operated by IHL where data could be collected.

CHAIRMAN

The meeting closed at 5.22 pm



REPORT TO CANNOCK WELLBEING SCRUTINY COMMITTEE
4TH MARCH 2019

UPDATE ON HEALTHWATCH ACTIVITY November 2018-February 2019

Stafford Healthwatch Contract.

Healthwatch recently met with County Council Commissioners responsible for monitoring the Healthwatch contract. The Quarterly Report was presented . the Headlines from the report in terms of top issues this quarter were :

- Patients being moved from an acute hospital bed to a community hospital bed in another part of the county. This was despite the patient already being moved once from Royal Stoke to County and spending 9 weeks in these hospitals where it became obvious that the patient had reached expected potential and the outcome of the service needed was already known. (Healthwatch raised this with the Patient Experience Lead and the outcome was that the assessment was agreed to be done immediately on the ward thus avoiding an unnecessary further admission to a 3rd hospital and distress to the patient and family).
- Several issues raised about patients being unable to get GP appointments for several weeks, appointments not being long enough for patients with Dementia who may need a carer to attend among those received. One reported that failure to obtain a GP appointment resulted in a trip to A&E and a 2-day admission. Following discharge patient could not then get a sick note from either the hospital or the GP practice and was being pushed back and forth each denying responsibility. (Patient was given Advice and Information to resolve the issue).
- Significant negative feedback about the access team at North Staffs Combined HealthCare Trust. Worked with CCG quality team on this issue (see below).
- Concerns raised about access to District Nurses and very poor experience of District Nursing Services. (Issue escalated to Patient Council and CCG).
- Concerns about Care Agency Radis Care in North Staffs. Constant change in care worker, poor care, lack of respect, complaints being fobbed off. No process to deal with issues (advice and information given to raise a concern. (Escalated to SCC).
- Concern about proposed cuts to voluntary transport from people who have come to rely on this for trips to GP's Hospital appointments and social activities.
- Concerns about E-Zec ambulance transport service. excessive waits, unreliability, of service, unsafe journeys. waiting area in Queens hospital unsuitable. (Healthwatch to undertake a visit to hospital to survey patients).

STP/Together We're Better

- Stakeholder events are being held in March (12/02 and 14/02) have been set up and are being promoted to help raise awareness of the partnership and the forthcoming pre-consultation activity. One will be held in Staffordshire and one in Stoke on Trent.
- Together We're Better has been Successful in securing £40,000 to support the development of a Citizens' Panel. This will aim to secure a representative sample of the population that can be involved during the pre-consultation and any future consultation. A plan needs to be submitted to NHS England on the 18 February.
- The re-launched website went live on the 7 January, aligned to the long-term plan announcement.
- A 10-week campaign is being run across social media and the traditional media to promote the individual programmes within the partnership.
- A series of public engagement meetings will be held across the county from March to May

Enter and View Visits

We have visited New Dawn Court, Chasetown in December (the premises was formerly Vicarage Court, which was closed) - report due to be published soon. It has ben delayed due to discussion with provider about the content – one area of discussion is activities which appeared limited, although Manager is disputing this – It is clear that this is an area that they are trying to make improvement to by introducing Namaste care.

Our Enter and View visits over the past 3 months have largely focused around Learning Disability Services for people with a Learning Disability.

We have just visited Catherine Care Day Services, Norton Canes on 12th February – report being prepared, but our representatives report that the services and care provided was outstanding.

We are hoping to arrange a visit to the SCC run Complex Needs Day Service in Cannock during March.

The reports of these visits are available on our website along with the recommendations and responses from the providers to our reports.
www.healthwatchstaffordshire.co.uk

Healthwatch Projects

Learning Disabilities Day Services

24 Services have been identified to visit to look at the quality of the service and the issues around Direct Payments. So far we have carried out around 10 visits to various services across Staffordshire and the feedback has been largely positive from our Authorised Representatives and from service users themselves. Our work will continue throughout March and we hope to have our report ready for the end of April

Young People

We are undertaking a project on Emotional Health Services within schools looking at the services offered at tier 1&2 level, the impact upon cuts on services offered and access to services for young people. We have surveyed all the local schools and targeted some pupils and have had some limited responses so far but this project will run until the end of the school year so will be published around August.

Hospital Discharge (D2A)

Discharge to Assess. We are about to embark on our Project to undertake an assessment of the D2A process in hospital to see how this works for Patients. We are undertaking visits to all of our main hospitals, our community hospitals and care homes with beds for D2A over March and April.

Case Study from Engagement Activity

I met and chatted with Mrs W at a Living with Dementia group in Cannock on 7/2, having given a talk to the group.

Mrs W was most distressed, crying and unable to discuss her concerns for quite some time. We sat in a quiet area and she told me about her husband and how his possible diagnosis was also affecting her health.

The issue was that she believed her husband has Dementia, they were unable to get a diagnosis following a CT scan 3 weeks previously in Walsall Manor Hospital, and they'd not been made aware of any results being sent through to Blakenall Village Centre GP's.

Mrs W was desperate to involve Social Services as she needs respite care for herself due to health issues, but they would not get involved until there was a diagnosis. This has been going on since before Xmas. In addition to this, she has been responsible for dealing with her husbands diabetes, and is worried that with her own health issues she might not be doing this correctly as she's received no instructions on injecting.

During w/c 11/2 I have spoken to Diagnostic services, the GP at Blakenall Village Centre and Social Services.

I was given various time lines and schedules, some up to a further 3 months, which I felt was unacceptable and asked them if anything could be done to improve on this due to the negative impact on the health of both Mr and Mrs W.

As a result of this, Mrs W has today confirmed that they have been offered a 'cancellation' appointment at the GP's today (15th) to get the results and diagnosis, and that Social Services have contacted her to make an appointment for next Tuesday (19th), and they are also seeing the diabetic unit the same day. She was almost speechless with delight on the phone today, and cannot believe how much Healthwatch have been able to assist in getting her a such a prompt and welcome outcome.

**Healthy Staffordshire Select Committee – 4 February 2019
District/Borough Digest**

Under the Health Scrutiny Code of Joint Working with District and Borough Councils, Authorities have undertaken to keep relevant Partners informed of their consideration of health matters having regard to the general working principle of co-operation and the need to ensure a co-ordinated Staffordshire approach. Therefore, the following is a summary of the business transacted at the meeting of the Healthy Staffordshire Select Committee held on 4 February 2019 - link to Agenda and reports pack:


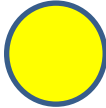


<http://moderngov.staffordshire.gov.uk/ieListDocuments.aspx?CId=871&MId=8818>

Agenda Item	District(s)/Borough(s)
<p>Discharge to Assess</p> <p>‘Discharge to Assess’ was one of the models of care designed to get people out of hospital and cared for in their own homes or in their local communities. The following was explained:</p> <ul style="list-style-type: none"> • The model had been working in the North of the County for approximately 12 months and had seen reductions of delayed discharges of 50 %. This model of care now needed to be rolled out to the rest of the County. Critical to the rolling out was the development of the track and triage service and the CCG’s have to commission an additional 4200 hours per week of reablement Home First services. • The targets for the South of the County and how they were monitored was raised - there were targets set through the commissioning process e.g. a specific number of beds available in the South. It was then for the providers to supply these and have the support services such as staff to run them. Assurance was given that targets and contracts were closely monitored. • The Disabled Facilities Grants and how these were being coordinated was discussed – this was a priority for the partnerships. • The cost implications for the Discharge to Assess model were requested. • Several questions were asked on the recruitment and retention of care workers. • The quality of care homes was questioned - the procurement and letting of contracts would involve long term monitoring and quality assurance. <p>The following information was requested:</p> <ol style="list-style-type: none"> a) The cost implications for the Discharge to Assess. b) The numbers and ratios of delayed discharges in the South of the County for both planned and emergency operations. 	<p>All Districts and Boroughs</p>

Agenda Item	District(s)/Borough(s)
<p>University Hospitals of Derby and Burton - update</p> <p>The Director of Governance and Communications and the Divisional Manager of University Hospitals of Derby and Burton (UHDB) gave a presentation to the Committee on the recent merger of the two hospitals and the progress being made towards integrating services to benefit patients. The presentation also covered information on the Cancer performance targets which the Committee had requested at the Accountability session in July 2019.</p> <p>The following issues were discussed:</p> <ul style="list-style-type: none"> • GP choice when referring patients to hospitals and speed at which information was transferred between Community Hospitals and Acute hospitals. • Transport between Burton and Derby Hospitals and Car parking. • Cancer service and screening for cancers such as prostate cancer and how this was a challenge to get people to take up screening. Imaginative ways were being considered to access the community such as attending football matches. • The hospitals financial deficit - The Committee asked if they could have sight of the Trusts financial plan, for information. • The development strategies employed by UHDB were very different to that of the Staffordshire Hospitals. In response to questions, the Director of Governance and Communications informed Members that emphasis was on quality care close to home and that activity levels were planned with Commissioners. • The Committee was informed that one of the main areas of concern for UHDB was the 12 hour breach for mental health patients as one patient that could not be transferred from UHDB to a more appropriate service provider. The Committee requested more information on how this was being managed with the Midlands Partnership Foundation Trust. <p>That the following was agreed:</p> <ol style="list-style-type: none"> a) It was acknowledged that integrated communication between the community and acute hospitals was a particular issue and was a valid concern which officers would take back to the trust. b) The Committee were pleased to hear this and asked if they could have sight of the Trusts financial plan, for information. c) It was felt that the move to increase specialisms was a question for the Chief Executive. d) The Committee requested more information on how patients with mental health issues were being managed in order to transfer them to the most appropriate service provider. 	<p>All Districts and Boroughs</p>

The next meeting will be held on Tuesday 19 March 2019.



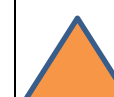


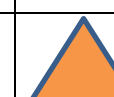
**Improving Community Wellbeing PDP 2018-19 – Health, Culture and Sport
(Quarter Three- 1 October- 31 December 2018)**


Overall Performance				
				Not rated
Milestone completed	Milestone on target	Milestone/timeline/scope/target date requires attention.	Project aborted/ closed.	Milestone not rated
5 (62.5%)	0 (0%)	3 (37.5%)	0 (0%)	0 (0%)

Performance Indicators							
Performance Indicator	Frequency of reporting (Q or A)	Last years outturn	Target	Q1	Q2	Q3	Q4
Total number of people using all of our facilities	Q	952,884	959,754	266,298	262,150	245,579	
Take up for the inclusive cycling pilot scheme	Q	N/A	TBC				

Projects and Actions

Opportunities for healthy and active lifestyles								
Approach	Key Project	Milestone(s)	Progress	Q1	Q2	Q3	Q4	
To provide a range of culture and leisure facilities that are accessible for everyone (all ages and abilities)	Development of new facilities at Chase Leisure Centre	Design Development Procurement	Outline designs and procurement approach determined. Legal documentation on track to be signed during Quarter 2	✓				
		Contract Award and mobilisation	Report drafted in Q2 and on track for Cabinet on 4 th October revising guarantor arrangements with IHL			✓		
		Phase 1 – Bowling Green conversion to studio	Phase 1 deferred until Cabinet decision in October			✓		
		Phase 2 – Temporary gym formation	Temporary Gym Fit out commenced on 29 th Oct. Completed 4 th December			✓		
		Phase 3 – Gym Refurbishment	Gym Refurbishment commenced on 10 th December with completion on track for 11 th Jan 2019			✓		
		Phase 4 – Studio refurbishment						X
	Continue with development of facilities at the Community Sport and Recreation Hub at the Stadium	Complete Phase 1 Works	The majority of works within Phase 1 have been completed with the exception of the entrance and fencing and CCTV connections			✓		
		Complete Gates and Fencing	Entrance gates and Fencing Completed in September			✓		
		Official Opening	Opening held on 19 th September			✓		

Opportunities for healthy and active lifestyles								
Approach	Key Project	Milestone(s)	Progress	Q1	Q2	Q3	Q4	
	Develop the ATP at Rugeley Leisure centre to full size	Investigate funding opportunities to support the development of the ATP	Funding and investment opportunities identified and supported by draft strategy documents (Playing Pitch Strategy)					
Work with our leisure partners to facilitate initiatives and projects to encourage people to participate in healthy activities	Deliver Inclusive cycling scheme pilot at the Stadium with IHL	Set up Infrastructure and container on site	Container delivered to site in September.					
		Commence cycling programmes	Cycling programmes delayed by weather conditions in Q3 and difficulty experienced by IHL in recruiting a suitable resource to deliver the project. Programmes will now be delivered in 2019-20					
	Commission a review to understand why people don't participate in healthy activities and how we can encourage them to do so	Explore the options to undertake this review					X	
	Produce Playing Pitch, Indoor and Outdoor facilities strategy and Open Space Strategy	Gather supply and demand information for Winter and Summer sports	Information gathered for winter and Summer Sports					
		Assess Information and Finalise Assessment Report	Draft information produced and final assessments being validated					
		Develop and Finalise Strategy	Strategy work is ongoing with the aim of reporting to Cabinet during Q1 2019-20					

Opportunities for healthy and active lifestyles							
Approach	Key Project	Milestone(s)	Progress	Q1	Q2	Q3	Q4
With partners we will encourage and support residents in taking responsibility for their food choices and dietary behaviours	Develop a strategy to make it easier for residents to make healthy food choices when eating out and when buying, cooking and eating food at home	Identify Project Team, key partners and Produce PID for sign off;	Unfortunately it has still not been possible to convene a project team of key partners or to produce a PID.				
		Using current research, best practice and local insight, identify key settings and potential areas of influence;					X