



Download the Cannock Chase Can App and enter a free prize draw! Find out more inside!

THE KiDS CAN CLUB





THE
KIDS
CAN **CLUB**

Hello!

The Kids CAN Club is a new initiative that links to the Cannock Chase Can health and wellbeing programme which is led by Cannock Chase Council and Inspiring Healthy Lifestyles.

This booklet provides you with a variety of local offers and activities to keep children active over the summer. Some of these activities can be found on the Cannock Chase Can mobile App.

About Cannock Chase Can

Cannock Chase Can aims to give people as many tools as possible so they can lead a happier and healthier lifestyle.

Download the App, create your own personal profile and find out information on healthy eating, physical activity and more!

There's lots of fun challenges developed by our local community, organisations and businesses. Some of these can be done as a family and are included in this booklet.

It's FREE to download from Google Play and the App Store. So, what are you waiting for? Download the App and get out and explore!



Cannock Chase Can Challenges



The following challenges can be found on the Cannock Chase Can App, under the Move Well section, unless otherwise stated. Take on the challenge, take a selfie and share it on our activity feed to show us how you've done.



Tag us in [@cannockchasekidscanclub](https://twitter.com/cannockchasekidscanclub)

Free Prize Draw

Download the App between ***Saturday 20 July and Saturday 7 September*** and you'll be entered into a free prize draw to win one of the following:

- ♥ Go Ape Family Ticket
- ♥ £100 Voucher for Rugeley Bicycle Hire
- ♥ £50 Voucher for McArthurGlen Designer Outlet



Chase Creatures Augmented Reality Trail



Marquis Drive, Hednesford, WS12 4PW

If you like 'Pokemon GO!' you'll love Cannock Chase's version, which has been created by local schoolchildren and artists.

Chase Creatures is a virtual trail where you can meet and collect 12 fun characters, who are on a mission to protect Cannock Chase.

Start at Marquis Drive and follow the map and instructions in the App.

Can you collect Deerlilah, Trax and friends?



All year round



Free



Complete this challenge between **Saturday 10 August and Saturday 7 September**, share on the Cannock Chase Can activity feed, on Instagram or via Facebook and be in with a chance of winning a **£100 voucher for McArthurGlen Designer Outlet**.

Chase Tales Trail



Cannock Chase Heritage Trail



Delight your kids with beautiful animations of times gone by, keeping them entertained and active!

The Chase Tales Trail forms part of the Cannock Chase Heritage Trail, which is a 10 mile route between Cannock Town Centre and Rugeley Trent Valley Station.

There are 26 animations along the route which tell stories from the past and bring history to life.

It has been produced by local schoolchildren, the Birmingham Rep Theatre and professional artists.

You don't have to complete it in one day, take your time and enjoy the stories and songs whilst you walk.



Available all year round



Free

Pedal Power



Cannock Chase Forest, WS15 2UQ

This summer visit the Pedal and Play Trails at Cannock Chase Forest Centre, suitable for children aged 3-11 years.

There are three challenges to try, each a bit trickier than the last and featuring different trail surfaces and features, which will help you master your skills and ride safely. There are also some exciting play areas to discover along the way, so get out there and start exploring!

When you're there take part in 'Bike Bingo!' a fun game where you look for the different icons and tick them off your virtual bingo card.



Available all year round



Free but parking charges apply

Canal Collections



Trent & Mersey Canal Rugeley, WS15 2HS

Find it, Spot it, Snap It! Explore the Trent and Mersey Canal and see what you can find along the way. Find different items related to flora and fauna, architecture and wildlife.

What can you see?

Take a photo and add it to your collection.

The challenge starts at the back of Tesco and is a wonderful opportunity to enjoy the canal with the nature and landmarks you get to see along the way.



All year round



Free

Summer of Sports Challenge

 McArthurGlen Designer Outlet,
Cannock, WS11 7JZ

Head on down to McArthurGlen Designer Outlet this summer and see what poetic magic awaits you!



The Centre has joined forces with Cannock Chase Council, Pep the Poet and local artist Ruth Allen to try and encourage families and children to take up new sports.



There are 10 QR codes hidden around the Centre. Each represents a different sport which have been brought to life with poetry and illustration.

Find all 10 to complete the challenge. Collect a free book from Guest Services when you have completed the challenge.

Which sport will you try this summer?



Summer 2024



Free

Stadium Bug Explorer Trail



Pye Green Road, Cannock, WS11 5RP

Can you find the art features based on local wildlife hidden around the park?

There's 5 to collect!

Did you know that Cannock Chase Forest is a special area that we need to protect for future generations?

It is very unique and home to lots of plants, insects and animals! All the insects you find along the trail are particularly important to Cannock Chase. Enjoy the trail and learn about our local nature and wildlife.

Think about how you can help to protect Cannock Chase?



All year round

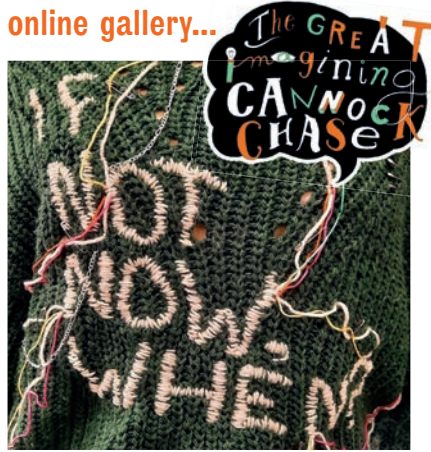


Free

CALLING ALL YOUNG DESIGNERS

CANNOCK CHASE TRASH-ION SHOW

We're looking for upcycled,
repurposed masterpieces
to show in our
online gallery...



The most inventive use
of recycled clothes
will be displayed at

THE GOOD CLOTHES SHOW



Birmingham NEC
20–22 September 2024

www.thegoodclothesshow.com

FIND OUT
MORE **HERE:**

thegreatimagining.org
[/cctrashion2024](https://cctrashion2024)



Garments thanks to
Jess & Freya @fashionatssc



Take on the challenge on the
Cannock Chase Can App under
the Naturally Well section.



Inspiring
Healthy
Lifestyles

has something for
everyone this summer!

All Around The World



Museum of Cannock Chase,
Hednesford, WS12 1TD

Travel the world and make crafts relating to a different country each week. From Germany to Scotland, from Australia to Egypt.

Craft session includes an outdoor trail.

Drop-in 11am - 3pm.



Wednesdays



£5 per child, attend two sessions
and your third is free.



01543 877666



Museum of Cannock Chase

Summer Theatre Workshop 'Young Frankenstein'



Prince of Wales Theatre,
Cannock WS11 1DE

Our summer theatre school, produced and run by Ambient Night Productions, is a fantastic opportunity for children aged 7-16 years to rehearse, perform, have fun, make friends and create memories that will last for years.

Following two weeks of rehearsals they take to the stage for a fully produced production of 'Young Frankenstein'.



Mon 5 Aug - Fri 16 Aug: 10am-4pm (Weekdays)



£150 (£75 Siblings)



01543 578762



Prince of Wales Theatre

Leisure Centre's Space Activity Pass



Chase or Rugeley Leisure Centre,
WS11 4AL/ WS15 2HZ

Get your summer sorted with our activity pass that can be used at both our leisure centres. The pass enables you to use our swimming pools, racket ball and football sessions, as well as the gym (ages 14+) at set times.

Check our website for more details!

Suitable for ages 8 upwards.



From 22 July until the end of August 2024



£10



inspiringhealthylifestyles.org



IHL Chase / IHL Rugeley

5's Pavilion & Sports Ground Community Sessions



Bradbury Lane, Hednesford Cannock WS12 4EP

Whether on your own or with a group, bring your boots and have a kick about!

These sessions are open access, children can come and go as they please. We will however, have a member of staff available at the facility allocating pitch space and monitoring behaviour.



Monday - Friday: 4pm - 5pm



£1



01543 501524



inspiringhealthylifestyles.org/centres/fives-pavilion

Chase Up Park Pop-Ups



Parks across the District

Look out for the team in local parks.
Come and join us for nature trails,
crafts, games and lots more!



Please see the Chase Up's Facebook page for more



Free



Chase up

Doorstep Directory

Cannock Chase Can works with a number of organisations and providers across the District.

Here's some information about what's available this summer.

Vysions Youth Service Summer Programme



Brereton Community Hub / Lea Hall Social Club



Various  **Please enquire**



vysionsyouthservices@gmail.com



breretonmillion.co.uk/vysions-youthservice



Vysions Youth Services

The summer programme includes crafts and sports such as swimming, biking, and paddleboarding. There are also day trips to theme parks, seaside and parks, as well as a weekly fishing club. A toddler group and youth group are also available.

Summer Reading Challenge



Libraries across the district



6 July to 9 September  **Free**



Cannock Chase Libraries

Get ready for the Summer Reading Challenge, 'Marvellous Makers', arriving at your local library this summer for children aged 4-11.

Libraries will be offering a huge range of free or inexpensive events over the summer – ask your Library what's going on!

Hednesford Summer Festival



Hednesford Park



Saturday 10 August, 11am – 4pm



Free Admission



HednesfordinPartnershipHiP

A fun, family festival with lots of free activities. There's Scruffs Dog Show in the main arena, dance shows and music acts. Browse the artisan market stalls and take a look at the transport show and birds of prey. A magical day for everyone!

Achieving Goalz and Dreams



Cannock Park, Hednesford Park, Pye Green Stadium and Norton Canes Park.



29 July to 31 August, 9am – 3pm



Free



07525 169440



www.achieving-goalz.co.uk

Come and get fit and have fun. All ages welcome! Take part in free football, boxing, circuit training, tennis, tug-of-war, dodgeball, climbing wall and more!

West Chadsmoor Family Centre



Princess St, Cannock, WS11 5JT



Open Tuesday, Wednesday, Thursday.



Please enquire



01543 571698



West Chadsmoor Family Centre

Activities for children aged 0-10 years, taking place over the first five weeks of the holidays. Some sessions are bookable and others are drop in.

Parks across Cannock Chase



Parks across the District



Please see website  **Free**



www.cannockchasedc.gov.uk

Your local parks are full of activity this summer with story walks, arts and crafts, sports and more. Every Thursday in August, Friends of Heath Hayes Park, will be providing activities at the park, from 11am – 1pm.

Don't forget to check out the new skatepark and learn to ride area at Cannock Stadium Park too!


Keep your eye out for our Love Parks week, where we'll have lots more activities planned!

Staffordshire SPACE Programme




Venues across Staffordshire



29 July – 30 August  **Free and subsidised activities**



www.staffordshirespace.uk  **StaffsSpace**

Space 2024 offers kids aged 8-17 the chance to explore, engage, and excel in a wide range of free and subsidised activities and events throughout Staffordshire. For more information sign-up to our newsletter at www.staffordshirespace.uk

(Please contact the provider before attending to confirm details. We are not responsible for the content provided by third parties in connection with or referenced in this booklet).

How To Get Involved

There are several ways you can support Cannock Chase Can and get involved.

Send challenges or inspire others by sharing your progress and experiences of using the App.

Inspire Others

Once you have completed a challenge, take a selfie and share it on the app's activity feed and Cannock Chase Can's Facebook page.

Share your experiences to help inspire others to sign up to Cannock Chase Can and take on new challenges.

Together We Can...



For more information about **Cannock Chase Can** visit **www.cannockchasecan.co.uk** or email **cannockchasecan@cannockchasedc.gov.uk**

Prize draw terms and conditions can be found at www.cannockchasecan.co.uk

