	Treasured Times - Volunteering				
Day	Time	Activity	About	Contact Details	Facebook
Thurs day	10am -1pm	Volunteers at Joining Hands Group	We are looking for people with a great commitment, and willing to learn, who are able to attend weekly meetings assisting vulnerable adults.	Libby 07938 755114 or email volunteer@robrobinsonfoundation.co.uk	
Friday	9:30- 11:30 am	Countryside Volunteer Services	Activities include: Heathland and grassland conservation, Access improvements, habitat management	Get in touch of Facebook Cannock Chase Countryside Service or call 01543 450018	
		National Landscapes Team	Each year volunteers donate their time and skills to help conserve and enhance the special landscape. It's a great way to make friends, learn new skills, get fit and make a real difference. There are lots of ways you can volunteer on Cannock Chase, either through the National Landscape team or with our partners. There are roles to suit a range of interests including: helping at events, surveys, practical conservation tasks, welcoming visitors, photography and litter picking.	email cannockchase@staffordshire.gov.uk	
		Shugborough Estate, National Trust	There are many ways that you can get involved with the work at the places they look after. Discover more and what it involves	Find out more on the website https://www.nationaltrust.org.uk/support-us/volunteer	
		Country Parks and Rights of Way Volunteers	If you are looking into ways to make a difference to Staffordshire's Country Parks, Cannock Chase National Landscape or Staffordshire's Historic Environment we will love to hear from you. Activities include: Clearing footpaths and vegetation. Heathland management. Grassland management Wetland management Installing signposts and way markers. Other environmental and conservation work.	01785 277255 or email countrysidevolunteers@staffordshire.gov.uk	
		Forestry England	If you enjoy the outdoors, want to learn new skills, meet new people and be part of our team, why not get involved with your local forest	Find out more on the website https://www.forestryengland.uk/volunteering	
		Friends of Cannock Chase	Become a Friend of Cannock Chase. The goal is to preserve the amenities of Cannock Chase for the use of the public. They run a programme of walks and visits, but they also have a committee monitoring all aspects of events and threats to the Chase. In addition to the walks and events, the friends provide a large amount of information on its history which is of great local interest. Annual membership is £7	Contact Trevor Warburton on 01785 665440 or email trevor- warburton@sky.com	

Cannock Lions Club		0845 8334967 or email cannocklionsclub@hotmail.com	Cannock Lions Club - CIO Burntwood
Brereton Library	To find out what opportunities they have available visit their Facebook page, call or email	01889 869067 or email brereton.library@staffordshire.gov.uk	Brereton Library Rugeley Facebook
Heath Hayes Community Library	To find out what opportunities they have available visit their Facebook page, call or email	01543 279675 or email heathhayes.library@staffordshire.gov.uk	Heath Hayes Library Facebook
Hednesford Library	To find out what opportunities they have available visit their Facebook page, call or email	01543 422798 or email hednesford.library@staffordshire.gov.uk	Friends of Hednesford Library Cannock Facebook
Norton Canes Library	To find out what opportunities they have available visit their Facebook page, call or email	01543 279592 or email nortoncanes.library@staffordshire.gov.uk	Friends of Norton Canes Library Facebook
Friends of Hednesford Park	New volunteers are welcomed that can spare time to help provide activities, support events and improve the park. All skills and abilities welcome, every person has some skill they can contribute to our beautiful Hednesford Park	https://www.tfohp.co.uk/	The Friends of Hednesford Park Hednesford Facebook
Friends of Hednesford: Community Volunteers	A group keen to promote the town and carry out community projects such as regular litter picks, planting, decorating the town for events and maintaining the Miners Memorial	email admin@heartofhednesford.co.uk	Friends of Hednesford. Community Volunteers Facebook
Hednesford in Partnership (HiP)	HiP has been set up to bring together groups already actively working in the community to encourage collaboration and a more streamlined way of working	email contact.hednesfordip@gmail.com	Hednesford in Partnership- HiP Facebook

Hednesford Community Speedwatch	Help to improve highway safety and combat unlawful speeding by joining the Community Speedwatch team who can be contacted through the Town Council	email clerk@hednesford-tc.gov.uk or visit https://hednesford-tc.gov.uk/your-community/volunteering/ or call 01543 424872	
Hednesford Town Council	We always need help with a number of projects that contribute to our local life and the Hednesford community. Volunteering is an excellent way to make new friends, improve your employment prospects, keep up to date with what is going on in the town and make a real difference in your community	email clerk@hednesford-tc.gov.uk or visit https://hednesford-tc.gov.uk/your-community/volunteering/ or call 01543 424872	
Prince of Wales Theatre	You'll play a vital role as the public face of the theatre during our performances and events, ensuring that our customers have an enjoyable and positive experience. Responsibilities can vary for each performance such as checking tickets, selling programmes and dealing with customer enquiries	princeofwales@ihlmail.org	
Museum of Cannock Chase	Volunteers support the museum's work and help to make every visit special. There's a variety of roles available from coffee shop helpers and gallery guides to assisting with the care of the museum artefacts. A perfect opportunity to learn more about the local history of the area	museumofcannockchase@ihlmail.org	
Outdoor Recreation	Our Chase Fit programme has a popular volunteer scheme that gets you outdoors. You can become a 'walk leader', with training to support your role. As well as walking we offer running, gardening, biking and canoeing sessions where volunteers support us in a number of ways. Duties include setting up equipment, supporting new participants and assistance during the activity. It's a great way to keep active	Gerard.hill@ihlmail.org	
Cannock Chase Learn to Swim Programme	Learning to swim is an important life skill for every child. This programme has opportunities for volunteers to help children gain their confidence. Volunteers provide 1-2-1 support in the water, under the guidance of the swimming teacher, helping those children who need that little bit of extra encouragement. DBS Clearances are required for this role.	Christine.bourne@ihlmail.org	

Cannock and District Foodbank	Volunteers are the life blood of foodbanks. Your skills could be just what we need. Volunteers are the driving force behind foodbanks. There are thousands of volunteers across the UK, helping The Trussell Trust Foodbank Network get emergency food to people in crisis. We want you to enjoy volunteering and there are lots of ways to get involved. Whatever role you choose, you will make a real difference to the life of someone in crisis.		Volunteer Cannock & District Foodbank
Stafford and Cannock League of Hospital Friends	Stafford and Cannock League of Hospital Friends (SCLOHF) are looking for volunteers to serve drinks and snacks at our coffee bars or to take the trolley round the wards to patients who are unable to get to the coffee bars. We are looking for friendly people who can greet staff and customers with a smile and make their hospital visit a bit less daunting. You don't need any previous catering or retail experience, just a positive attitude, and we will provide full training.	Call 01785 413234, email enquiries@sclohf.co.uk or visit https://staffordandcannocklof.org/volunteering/	
Midlands Partnership University NHS Foundation Trust	Volunteering at Midlands Partnership University NHS Foundation Trust can be a rewarding experience for anyone looking to gain hands-on experience in their future profession, make a difference to the lives of those in their community and expand their knowledge while providing support to our staff.	Volunteering: Midlands Partnership University NHS Foundation Trust (mpft.nhs.uk)	
Parkrun Cannock Chase	parkrun events take place every week and everyone is welcome to volunteer, we'd love you to join in! There are plenty of opportunities to try new roles, apply your skills or learn new ones, be with friends and family, meet people and be a part of the parkrun community. You don't need any experience of parkrun, junior parkrun or of volunteering. There are a range of roles to choose from, and many of them can be combined with walking or running too.	cannockchase@parkrun.com or visit https://www.parkrun.org.uk/cannockchase/ volunteer/	
Staffordshire Network for Mental Health	Volunteering opportunities. Volunteers will be trained and supported	07591 924728 or email toolbox@snfmh.org	Staffordshire Network for Mental Health Lichfield Facebook
Friends of Cannock Stadium Park	They provide a whole range of fun activities and projects for volunteers to get involved in to help improve their mental health	email lynn@friendsofcannockstadium.uk	Friends of Cannock Stadium Park

			Cannock Facebook
The Voluntary Car Scheme Lichfield and Cannock Chase	The Voluntary Car Scheme helps residents living in the Lichfield District and Cannock Chase District to get to health appointments. Drivers pick up residents from their own homes, wait for them for up to two hours and then return them home.	01543 303023	
Staffordshire Wildlife Trust	Staffordshire Wildlife Trust have a variety of volunteering opportunities available. The trust has hundreds of volunteers helping in a variety of ways, from retail and admin to hands on practical conservation tasks.	Volunteering Opportunities Staffordshire Wildlife Trust (staffs-wildlife.org.uk)	Staffordshire Wildlife Trust Stafford Facebook
Cannock Cats Protection	Look after stray and injured cats, but also assist with neutering feral cats and housing cats whenever possible.	01543 544304	
Support Staffordshire	Support Staffordshire offers a free, friendly and confidential Volunteer Brokerage Service, helping people to find opportunities that suit their lifestyle and interests. With over 1000 organisations on their database there's a wide variety of opportunities to choose from.	Register online or call 0300 7771207	
Newlife Charity	Gain new skills, confidence and experiences throughout your volunteering journey but you will also make a difference to the lives of disabled children and their families. By giving just a small amount of time to volunteering you can make a big difference, by helping us to support disabled children across the UK. Newlife has plenty of different opportunities to offer and something suitable for all abilities, needs and ages.	You can download an application form on the website and email your interest to the volunteering team at volunteer@newlifecharity.co.uk Volunteering - newlifecharity Call 01543 439927	
Catherine Care	Volunteering opportunities working with clients and helping them get involved in activities including drama and dancing.	Call 01543 271000 and ask to speak to Gemma or Ella for more information about how you can be involved.	